

FRENCH TOAST WITH BERRIES AND HONEY



INGREDIENTS

- 3 eggs, beaten
- 45ml milk
- Pinch of cinnamon
- 2 x 2cm slices of Food Lover's Ouma Brood
- 15ml butter
- 2 TBSP mixed nuts
- Fresh Berries to garnish
- Fresh mint to garnish
- Honey to garnish

DIRECTIONS

1. In a wide shallow dish combine the eggs, milk and cinnamon and whisk to combine. Soak the bread in the egg mixture on both sides.
2. Meanwhile heat a frying pan on a medium heat with the butter. Fry the soaked bread for about 5-6 minutes per side until golden brown.
3. Plate the French Toast, sprinkle with the mixed nuts, garnish with the berries and mint and drizzle with honey.